



BEST PRACTICES

Best Practices Fact Sheet for Healthcare Professionals

This special issue of *Revista Paulista de Enfermagem – REPEEn* (Paulista Journal of Nursing) stems from a two year collaboration between the Associação Brasileira de Enfermagem (Brazilian Nursing Association) – São Paulo Section (ABEn-SP) and the international research organisation, JBI. Based in the University of Adelaide, Australia, JBI is a global partnership of researchers, scientists, healthcare professionals, and decision-makers promoting and supporting evidence-based decisions that improve health and health service delivery. The JBI Collaboration (JBIC) has entities spread across all continents that administer and teach the JBI methodology for research synthesis and implementation science, influencing how care is being delivered around the world. In 2009, Brazil became part of the JBIC through the *Centro Brasileiro para o Cuidado à Saúde Baseado em Evidências: Centro de Excelência do JBI* also known as The Brazilian Centre for Evidence-based Healthcare: a JBI Centre of Excellence). Located at Escola de Enfermagem da USP (Nursing School of USP), in partner with Hospital Universitário da USP, it is currently the only JBI Centre of Excellence in Latin America.

The JBI mission is to promote and support evidence-based healthcare. Firstly, by producing reliable evidence on clinical practice issues through systematic reviews. Then by helping practitioners access and use evidence. Creating and disseminating evidence, even high-quality evidence does not result in practice improvement, safer patient care or improved care outcomes. Practitioners also need access to resources and tools for effective and sustainable practice change, as well as methods guidance and online education programs to develop the skills, knowledge and leadership necessary for evidence-based clinical decision making. JBI is world renown for clinically relevant methods, tools and resources with scientific credibility and trustworthiness in systematic reviews and implementation of evidence. Clinicians further benefit from knowledge translation resources of the JBI including point of care resources: *Evidence Summaries*, *Evidence-based Recommended Practices*, *Best Practice Implementation Sheets* (BPIS) and many others available via OVID and the JBI website. BPIS are a critical resource for practice and policy to inform the decision-making of professionals working in healthcare organisation that value scientific evidence.

Clinicians working in direct patient care need access to the best available evidence. JBI BPIS - *Folheto Informativo de Melhores Práticas* (FIMP), now translated and published in Portuguese, are high-quality summaries of JBI systematic reviews that use plain language, in a 4-page format, designed to help practitioners

quickly access the most current and reliable recommendations for practice. The REPEEn is a journal for health professionals, its content is clinically relevant and aimed at nurses and those working in frontline care. To make available JBI BPIS to these professionals represents the commitment and coordinated effort of ABEn-SP to provide clinicians with the resources they need to offer the best quality care to their patients.

The *Revista Paulista de Enfermagem* established an agreement with JBI early in 2021, including mapping a rigorous, high quality and verifiable translation process. From a list of BPIS made available by JBI, the journal chose the ones that would be translated and published in REPEEn. The goal was to offer a comprehensive selection of JBI evidence summaries, to increase availability of high quality, practice focused recommendations to inform practice in Brazilian hospitals and health clinics.

BPIS translation and publication was carried out in a five-step process. Firstly, a suitable selection of BPIS was identified. To do this, we considered criteria including life cycle (child, adult, elderly), themes (pulmonary, cancer, pain), acute and chronic conditions, as well as interventions and experiences of professionals/patients/families (psychosocial interventions, research literacy, educational programs for teamwork, support after discharge, rehabilitation goals). The second step involved the translation of the eight BPIS by Brazilian English language specialists. To ensure the accuracy of translation in a local context, members of the Board of Directors of ABEn-SP applied their expertise to review the translation, adapting it to the terminology used in Brazil's health system. Lastly, the translated and verified summaries were sent to JBI for preparation into a standard template.

We are delighted to release this special issue in accordance with the JBI translation methods and guidelines.

We commend these evidence-based practice resources to you and hope they are utilised well by nurses and healthcare professionals in Brazil.

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